

Lesson: A Fruitful Basket

Common Core Standards:

NGSS.K.LS1.1

Next Generation Science Standards

Grades K-K

Standard: Use observations to describe patterns of what plants and animals (including humans) need to survive. [Clarification Statement: Examples of patterns could include that animals need to take in food but plants do not; the different kinds of food needed by different types of animals; the requirement of plants to have light; and, that all living things need water.]

Time : One hour

Grade Level: Kindergarten - 2nd Grade

Objectives:

- To help students learn which food is fruit.
- To introduce the concept of healthy food.
- To introduce concept of where food comes from.

Resources:

- Print the template of the color fruit basket from the website: <http://www.first-school.ws/activities/nutrition/fruits/basket.htm>
- Scissors
- Glue
- Markers or crayons
- Printouts of different fruits
- Apple slices (optional)
- Oliver's Fruit Salad book (online version: <http://www.magickeys.com/books/fruit/>)

Activities:

1. Go to the website (<http://www.first-school.ws/activities/nutrition/fruits/basket.htm>) and print the color baskets and the fruit templates. Tell the students that we are looking at fruits only, so they begin to understand what is considered a fruit and what is not.
2. The students should cut out two pictures of the baskets.
3. They will glue those two pieces of paper together along the edges so you can see the basket on both sides. (Do not glue the middle, it is intended so the students can put their fruit inside of the "basket").
4. Then the students will cut out the fruit they would like to put in their basket and color them in.
5. The students should put the first letter of the fruit on the back of the paper.
6. After finishing their baskets, the students can now enjoy apple slices (if provided).

7. While they eat you can read the book "[Oliver's Fruit Salad](http://www.magickeys.com/books/fruit/)" by Vivian French (<http://www.magickeys.com/books/fruit/>) and explain the connection between Oliver and the students (ie ask questions like "Oliver likes grapes. Does anyone like grapes too?").
8. Remind the students that some of the fruit that they put in their baskets will be growing in the garden and they will be able to help them grow.

Basis of project found here -<http://www.first-school.ws/activities/nutrition/fruits/basket.htm>
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