

Healthy Growing Parent Survey - PRE

Please circle one response that best answers each question:

	Question					
1	How often does your child eat nutritious meals?	Always	Very Often	Somewhat Often	Almost Never	Never
2	How often does your child eat snacks from a package?	Always	Very Often	Somewhat Often	Almost Never	Never
3	How often do you try and educate your children on healthy eating habits?	Always	Very Often	Somewhat Often	Almost Never	Never
4	Does your child enjoy eating "healthy" food?	Always	Very Often	Somewhat Often	Almost Never	Never
5	Is it a struggle to feed your child green colored vegetables?	Always	Very Often	Somewhat Often	Almost Never	Never
6	Does your child eat a handful of fruit on a daily basis?	Always	Very Often	Somewhat Often	Almost Never	Never
7	Does your child eat a handful of veggies on a daily basis?	Always	Very Often	Somewhat Often	Almost Never	Never
8	Last week my family had dinner at home more often than at a restaurant	Yes	No			
9	My child helped with cooking	Yes	No			

	family meals at least 3 times last week					
10	My child knows that food did not originate in the grocery store	Yes	No			
11	My child knows that chicken nuggets come from a farm	Yes	No			
12	Has your doctor said that you or your child are overweight or obese?	Yes	No			
13	Has your doctor said that you or your child have type 2 diabetes?	Yes	No			