

Trail Mix Sweet Bread

Adapted from: Erinn Butulis

Prep time: 5 minutes
Cook time: 15-20 minutes

Total time: 25 minutes
Serves: 10



Ingredients

3 ripe bananas, mashed
1/3 cup applesauce
2 cups oats
1 tsp. vanilla
1 tsp. cinnamon
1/4 cup milk of choice

Add-Ins (Optional):

1/8 cup currants
1/8 cup goji berries
1/8 cup pumpkin seeds
1/8 cup sunflower seeds
1/8 cup cocoa nibs
1 tbsp. shredded coconut

Instructions

1. Preheat oven to 350°F.
2. Mix ingredients together and bake for 15-20 minutes.
3. Let cool and enjoy!