

Baked Egg & Avocado Tostadas

Adapted from: Erin Alderson (*Naturally Ella*)

Prep time: 10 minutes

Cook time: 15 minutes

Total time: 25 minutes

Serves: 2



Ingredients

4 corn tortillas
¼ cup salsa
2 avocados

4 eggs
2 oz. goat cheese
cilantro, for topping

Instructions

1. Preheat oven to 400°.
2. Toss tortillas in oven and bake until slightly crisp, 5-6 minutes. Remove and smear on salsa. Remove avocado halves and slice into ¼"-1/2" slices. Slice around outer edge of tortilla, leaving a well in the middle.
3. Place tortillas on a baking tray covered or other non-stick sheet. Crack on egg into center of each tortilla. Sprinkle with goat cheese.
4. Bake until egg is set, 5-10 minutes (depending on desired firmness of the yolk!)
5. Serve with a sprinkle of cilantro.